When to Apply for Social Security Benefits

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By Elaine Floyd, CFP®

With the demise of guaranteed pensions, and in light of the risks you face in managing your own retirement assets, maximizing Social Security becomes a critical part of retirement planning.

One of the most important decisions a retiree faces is when to apply for Social Security benefits. This is not a decision to be made lightly; the lifetime, inflation-adjusted income promised by Social Security makes it one of a retiree's most significant assets.

If you were to calculate the present value of the Social Security income stream, it would rival or exceed the lump sum many people have in their 401(k) plans at retirement. Serious investors work hard to maximize the value of their IRAs and 401(k) plans, often not realizing that their Social Security "asset" can be maximized as well. Pre-retirees can enhance its value by building a strong earnings record and applying for benefits at the optimal time.

Let's say you have a primary insurance amount (PIA) of \$2,500. This is the amount of monthly income you will receive if you apply for Social Security at your full retirement age. Full retirement age is 66 for baby boomers born between 1943 and 1954. Let's also say you have a life expectancy of 86. This is slightly longer than the average life expectancy, but there's a

good chance you or your surviving spouse will live at least that long.

If you apply for Social Security at 62, your benefit will be reduced to account for those four extra years of checks. If your PIA is \$2,500, your permanent benefit would be \$1,875, which is 75% of \$2,500. If you apply for benefits at 70, your benefit will get a boost of four years of 8% annual delayed credits, giving you a permanent benefit of \$3,300 a month.

Now let's see what the lifetime value of your Social Security income stream would be depending on when you start your benefit.

Application age	Monthly benefit in today's dollars	Total income received at 86
Apply at 62	\$1,875 (2500 x 75%)	\$540,000 (\$1,875 x 288 months)
Apply at 66	\$2,500	\$600,000 (\$2,500 x 240 months)
Apply at 70	\$3,300 (2500 x 132%)	\$636,600 (\$3,300 x 192 months)

Source: SSA, author's calculations. Not adjusted for inflation.

The key to maximizing your Social Security "asset" is to understand the lifetime value of the income stream. If you are looking at your Social Security statement, you may be tempted to take \$1,875 per month at 62 rather than waiting until age 70 to receive \$3,300 per month. But if you consider the lifetime value of your benefits, assuming a realistic life expectancy, you can see that claiming the higher benefit at 70 will give you more total benefits over your lifetime. Just as you seek to maximize the value of your IRA and 401(k), you can also maximize the value of your Social Security. You can do this by locking in your highest benefit by claiming it at age 70.

Spousal and survivor benefits

When the combined benefits for a married couple are taken into consideration, the analysis becomes more complex. You must take into account each spouse's age, their combined life expectancies, the benefit based on each spouse's own earnings record, the spousal benefit for each spouse, and the amount the surviving spouse would receive after one spouse dies.

If the higher earning spouse dies first, the lower earning spouse will jump up to that higher benefit. If the higher earning spouse had maximized his benefit by claiming it at 70, this will give the widow more income. This is why we nearly always recommend that the higher earning spouse claim his benefit at 70. This will maximize his retirement benefit while he is alive and the survivor benefit for the widow after his death.

But everyone's situation is different. That's why it is important to get a customized analysis of your claiming options and to understand both your potential monthly income as well as the amount of Social Security you stand to receive over your lifetime based on your claiming age.

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