How to Overcome the Blocks to Fearless Prospecting







- Discover the negative intruders that keeps you from connecting with the right people and moving forward to serve them in life-changing ways.
- Experiment with asking yourself questions that neutralize your habitual negative intruders.
- Create a Vision that helps you Monetize Your Expertise and Embody Your Value.
- Redefine your 2019 in 12-Week Increments. Every 12 weeks is a brand New Year.
- Additional Resources + Q&A



### **Chris Holman Bio**



- Executive Coach, Horsesmouth
- Professional Certified Coach (PCC), ICF
- 36 years in financial services
- Coached 2000+ advisors
- Created Horsesmouth Group Coaching, 30 coaching groups completed



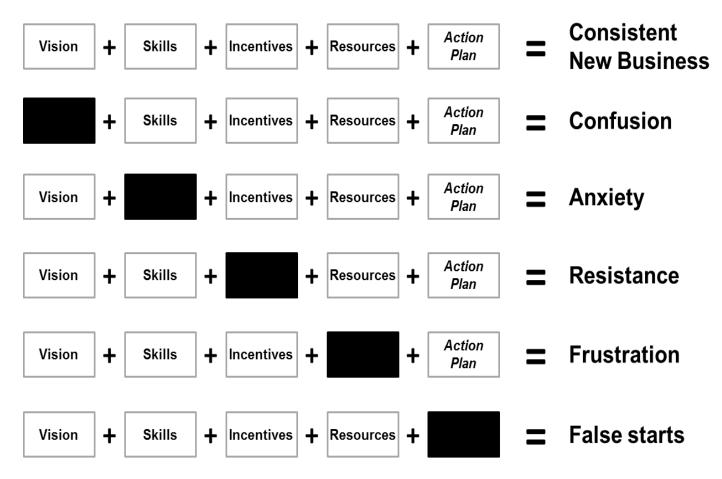
### **Connie Kadansky Bio**



- Founder: Exceptional Sales Performance
- Professional Certified Coach (PCC), ICF
- Past speaker: MDRT, NAIFA
- Clients include: Merrill Lynch, Allstate, New York Life, American Express, Bank of Montreal

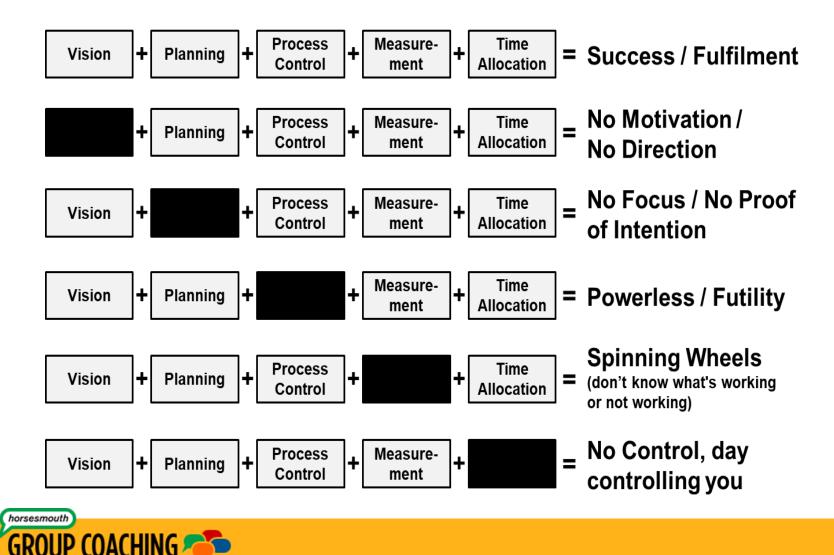


## Managing Profitable Prospecting





## **Consistent Action - Execution**

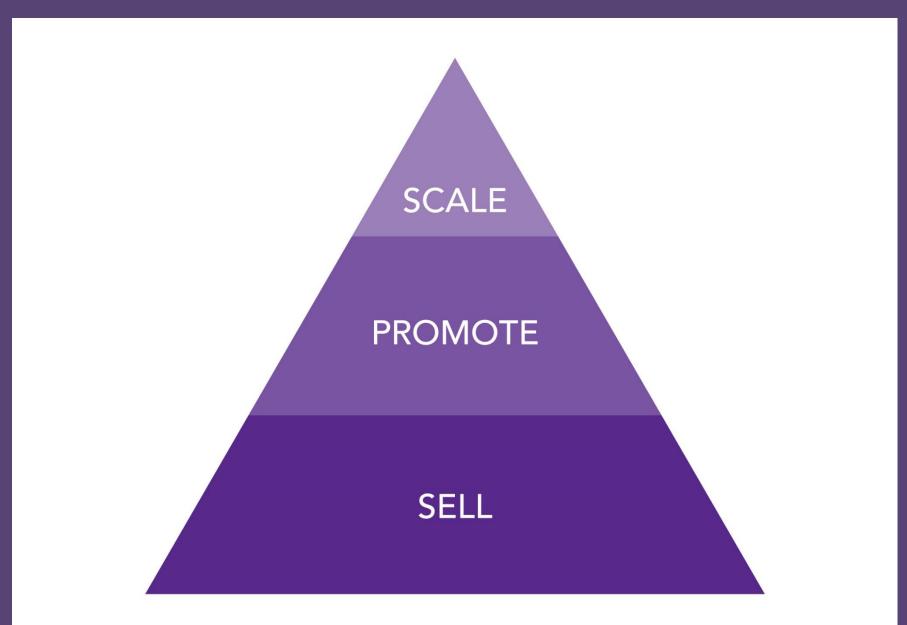


# MINETIZE Y (°) UR EXPERTISE



# EMB@DY YOUR VALUE







When you reach for the phone and you stop... immediately write down what is causing you to hesitate.







Your freedom is your willingness to capture your Negative Intruders on paper.

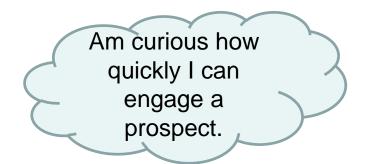




### "Cognitive Distortions" = Self-doubt Spiral

- **Black and White Thinking:** Must be perfect or we're an abject failure: Overpreparer Call Reluctance wanting the perfect script.
- **Overgeneralization:** Asking for referral one time and was not successful seeing this as a never ending pattern of defeat.
- Jumping to conclusions: "They already have an advisor that they love."
- **Personalization:** When a warm prospect is not returning calls immediately feeling "I screwed up. They didn't like me."
- Emotional Reasoning: "I hate it when salespeople call me. So everyone else does too."





My phone is like a personal ATM machine.



What if the timing is right to meet with them?





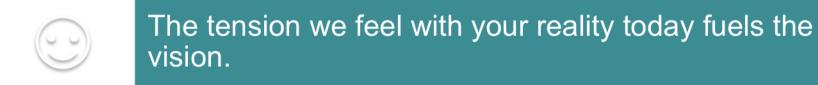


# Visions: Cause and Effect:

Physical

Nonphysical: Exists Only in our Minds at present.

Vision creates a magnetic field that pulls you toward the future



~~

#### **Envisioning Outcomes**

Goal Setting v. Visionary Thinking



Vision is very important psychological factor.

The more Vision – the more it actualizes itself.

It is Your Vision that slowly takes your physical, emotional, mental, spiritual chemistry and actualizes & objectifies your Vision.

The biggest barrier to high performance is not the physical manifestation but the mental creation.

You will never outpace your mental models.

Vision creates emotional connection and ownership





"Thinking about Thinking" Higher Reasoning Executive Function

#### Prefrontal Cortex

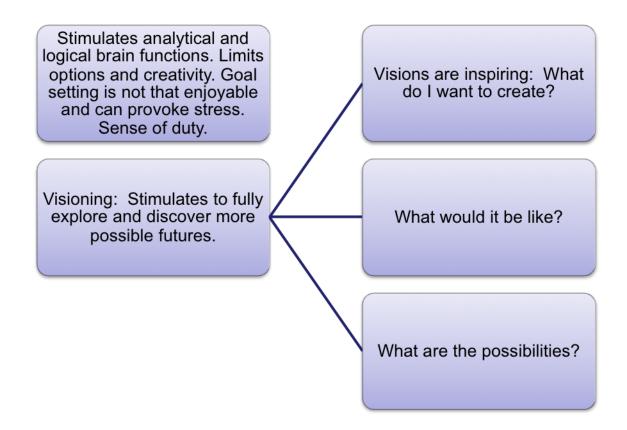
9 Functions of the Prefrontal Cortex

- 1. Empathy
- 2. Insight
- 3. Response Flexibility
- 4. Emotion Regulation
- 5. Body Regulation
- 6. Morality
- 7. Intuition
- 8. Attuned Communication
- 9. Fear Modulation

#### **Limbic Brain**

 Fight, flight, freeze stress response
Thinks, "Am I safe? Do people want me?"
Emotions live here





# **Goal Setting vs. Visioning**



BE	DO	HAVE
L		



### Intention:

Nonphysical causes that set your Energy in Motion.



#### Intention:

- To Serve
- To Provide For Family
- To Create Trust & Demonstrate Credibility
- To be Proactive Consistently
- Financially Secure



## Choose new "causes" consciously



#### WE PERCEIVE OURSELVES BASED ON OUR INTENTIONS

#### WE PERCEIVE OTHERS BASED ON THEIR ACTIONS



# Resources

- ✓ Be Do Have Worksheet
- ✓ Link to the 15 Common Cognitive Distortions (negative intruders)
- ✓ Clean Sweep Assessment for Financial Well Being
- ✓ Pattern Interrupt Article by Art Sobszak
- ✓ 12 Week Year book by Brian Moran & Michael Lennington
- Link to Prospecting EKG (self-assessment for Call Reluctance)
- ✓ Link to Roadmap to Revenue Mastermind Groups:



# roadmap / to reve/ue



## 12 Week On-Line On-Camera Mastermind Groups: One hour a week

- <u>www.roadmaptorevenuemastermind.com</u>
- Outside Perspective
- New Ideas
- Networking Opportunities
- Promotion
- Support
- Strategy
- Accountability
- Masterful Coaching



### **Contact info:**

- <u>cholman@horsesmouth.com</u>
- **212-217-1132**

- <u>connie@exceptionalsales.com</u>
- www.roadmaptorevenuemastermind.com
- 602-997-1101

