

# 2011 Financial Fitness Checkup

Now is the perfect time to look at various aspects of your life and develop a plan to improve your financial fitness. Below you'll find a list of questions that may have an impact on your financial health in 2011 and beyond. Please check each question with a "yes" or "no" and write in any appropriate comments. Then call our office to schedule your Financial Fitness Checkup.

License #: 4085560-174023

**Anthony W. Sampleton, CFP®, CLU, ChFC, CLTC**  
**President**  
**Sampleton Wealth Management Group**

9 Liberty Rock Road  
Suite 219  
Peoria, IL 61601

123-456-7890  
asampleton@sampletonwealthmanagement.com  
www.sampletonwealthmanagement.com

Your Family			
Yes	No		Notes
<input type="checkbox"/>	<input type="checkbox"/>	Do you expect any changes in your relationship status: marriage, cohabitation, divorce?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you expect any changes in family composition: birth, adoption?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a child who will be going to college this year?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a child or dependent with special needs?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you have any adult children who have moved back home or are otherwise in need of financial support?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you have an elderly parent in need of financial or care-giving support?	



Horsemouth is an independent organization providing unique, unbiased insight into the most critical issues facing financial advisors and their clients. Horsemouth was founded in 1996 and is located in midtown Manhattan.

Your Goals			
Yes	No		Notes
<input type="checkbox"/>	<input type="checkbox"/>	Have your goals changed in the last year?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you planning a major vacation in 2011?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you planning on making a significant purchase, such as a boat, real estate, or collectible?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you planning a major renovation to your home?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you planning to move this year?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you planning on buying or selling a vacation home?	
Your Business (skip if not applicable)			
<input type="checkbox"/>	<input type="checkbox"/>	Are you thinking of starting a new business?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you planning on expanding your business?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you planning on selling your business?	
<input type="checkbox"/>	<input type="checkbox"/>	Will you have to lay off employees this year?	
<input type="checkbox"/>	<input type="checkbox"/>	Do your employees need a health plan?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you or your employees need a retirement plan?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you or your key employees need life insurance (or a review of your current policies)?	
Your Work (skip if not applicable)			
<input type="checkbox"/>	<input type="checkbox"/>	Do you or your spouse anticipate changing jobs in 2011?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you or your spouse worried about the security of your job(s)?	
<input type="checkbox"/>	<input type="checkbox"/>	Will your total compensation change very much from 2010 levels?	
<input type="checkbox"/>	<input type="checkbox"/>	Will your employee benefits change this year?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you or your spouse plan to retire this year?	
Your Health			
<input type="checkbox"/>	<input type="checkbox"/>	Do you or a close family member have a serious illness?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you worried about the adequacy of your health care coverage in 2011?	

Yes	No		Notes
<input type="checkbox"/>	<input type="checkbox"/>	Do you expect your out-of-pocket healthcare costs to rise in 2011?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you enrolled in, or will you be enrolling in, Medicare in 2011?	
<input type="checkbox"/>	<input type="checkbox"/>	If yes, do you need help finding supplemental coverage?	
<input type="checkbox"/>	<input type="checkbox"/>	Have you noticed significant signs of aging in yourself or a family member (forgetfulness, frailty)?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you need help completing an advance directive for healthcare, in the event you become unable to make medical decisions for yourself?	
<b>Your Money</b>			
<input type="checkbox"/>	<input type="checkbox"/>	Do you have any concerns about your investment portfolio?	
<input type="checkbox"/>	<input type="checkbox"/>	Would you like help drafting a spending/saving plan?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you thinking about refinancing your mortgage?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you looking to reduce your taxes?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you expect to come into some money this year?	
<input type="checkbox"/>	<input type="checkbox"/>	Are you concerned about inflation?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you worry about debt?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you and your spouse ever disagree about money?	
<b>Your Estate</b>			
<input type="checkbox"/>	<input type="checkbox"/>	Will your net worth total more than \$1 million in 2011?	
<input type="checkbox"/>	<input type="checkbox"/>	Will you make any substantial charitable gifts this year?	
<input type="checkbox"/>	<input type="checkbox"/>	Are there any trusts you need to fund?	
<input type="checkbox"/>	<input type="checkbox"/>	Are your life insurance policies more than 5 years old?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you need to update your will?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you need to update your list of beneficiaries?	
<input type="checkbox"/>	<input type="checkbox"/>	Would your spouse have problems managing the finances if you were to die first?	

Your Retirement			
Yes	No		Notes
<input type="checkbox"/>	<input type="checkbox"/>	Do you have any leftover retirement accounts held by former employers?	
<input type="checkbox"/>	<input type="checkbox"/>	Would you like guidance in taking full advantage of your company's retirement benefits?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you anticipate needing to borrow or withdraw funds from your retirement accounts in 2011?	
<input type="checkbox"/>	<input type="checkbox"/>	Would you like to increase how much you save for retirement?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you need help understanding IRA required minimum distributions as they relate to your own or an inherited IRA?	
Your Future			
<input type="checkbox"/>	<input type="checkbox"/>	Do you need help getting financially organized?	
<input type="checkbox"/>	<input type="checkbox"/>	Could you get by for 6 months without dipping into retirement or other long-term accounts?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you anticipate any significant life changes in the next five years (move, retirement, etc.)?	
<input type="checkbox"/>	<input type="checkbox"/>	Have you been thinking about when you should apply for Social Security?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you feel stressed about your finances?	
<input type="checkbox"/>	<input type="checkbox"/>	Do you have a "bucket list"?	

Advisory Services offered through Sample Wealth Management LLC, a Registered Investment Advisor. Securities offered through Sample Securities, Member FINRA/SIPC, an independent broker/dealer, and are not insured by bank insurance, the FDIC or any other government agency, are not deposits or obligations of the bank, are not guaranteed by the bank, and are subject to risks, including the possible loss of principal. Sample Wealth Management and Sample Investment Group are independent of Sample Securities. Advisory Services offered through Sample Wealth Management LLC, a Registered Investment Advisor. Securities offered through Sample Securities, Member FINRA/SIPC, an independent broker/dealer, and are not insured by bank insurance, the FDIC or any other government agency, are not deposits or obligations of the bank, are not guaranteed by the bank, and are subject to risks, including the possible loss of principal. Advisory Services offered through Sample Wealth Management LLC, a Registered Investment Advisor. Sample Wealth Management and Sample Investment Group are independent of Sample Securities. Advisory Services offered through Sample Wealth Management LLC, a Registered Investment Advisor. Sample Wealth Management and Sample Investment Group are independent of Sample Securities.